

Rainbow - A Poem

by Pragathi Gokulraj (7 D) (Roll No 210502)

Rainbows have
seven colours,
You can tell that
to your mother.

Red, orange, yellow
green and blue,
It has indigo
and violet too.

They are beautiful
in the sky.
Go and ask
your mother why?

They are made out
of rain drops.
While you are seeing it
lick your lollipop.

A Report on the Trip to Pondicherry - Class 9 students

(As read out in the Morning Assembly) by Master S. Sudharshan (9 A) (Roll No. 135374)

Good Morning everyone

On 20th April, the students of class 9 went on a trip to Pondicherry organised by our school. We assembled in school at 5:15 am and were given detailed instructions about the trip. We started our journey at 5:30 am in an AC deluxe coach and we proceeded to Pondicherry with great excitement. At around 7:30 am, we arrived at Adyar Ananda Bhavan restaurant in Mahabalipuram for breakfast and we resumed our journey at 8:30 am. We reached Pondicherry at 9:30 am and visited the Sri Aurobindo Ashram for around 30 minutes. The visit gave us an insight into the life of Annai and then we went to the Vinayagar temple. After visiting the temple, we went for a stroll on the French Beach. There we saw the huge and amazing Gandhi statue. We went to Club Mahendra Resort for lunch and we enjoyed the variety of dishes that were a part of the buffet. After lunch we played various entertaining games till 4:00 pm and then we left for Chennai. Around 7:00 pm, we came to the restaurant for evening snacks after which we proceeded to Chennai and reached the school campus at 10:00 pm. It was an amazing trip. I would like to thank Sujatha Madam, Viswanathan Sir, Principal Madam, Assistant Principal Sir, Senior Vice Principal Madam and all the teachers for making this trip a successful and an enjoyable one and for providing us with great memories that we will cherish forever.

Faith

by Shudeshnaa. M.G. (6 C) (Roll No. 186479)

Faith refers to a person's staunch belief in something, whether it be God or religion or even ideals. Different people have faith in different things. But whatever is a person's faith, it always gives him/her immeasurable strength. Faith is what gives people the power to make it through the rough patches of life. Faith acts like hope in the dark, and it is our guiding light. A person's faith is not always determined by external show of prayer and devotion, It comes from within. Only when it comes from within, we can face all the challenges that life throws on us.

Respect

by Dharani. A (6 D) (Roll No. 190195)

'Respect', is an important component of one's personal identity as well as other interpersonal relationships. It involves treating others with kindness, empathy and consideration regardless of their background, beliefs or opinions. Respect fosters trust, co-operation and harmony in relationships and communities, creating a more inclusive and equitable society where everyone feels valued and heard. Respect is essential for creating a compassionate and peaceful world where individuals can thrive and contribute positively to the society. So let us give respect and get respected.

Never Lose Hope

by Raghuvveer Suresh (6 D) (Roll No 186709)

- It is impossible to run away from problems, as someday or the other they will be there in one's life. So, one has to cling on to hope for happiness and success.
- Hope seems like something small, but it is the only thing that can keep one focused.
- When one is facing a difficult time, it is easy to lose all one's optimism and think that life has nothing better to offer. However, it is in times like these, that hope helps one to move forward.
- Problems are a part of life, failure is normal; one can learn lessons from failure. When one doesn't lose hope, then one is open to learning. One gets to know about one's strengths and weaknesses. Then one can do better in life.
- So, hope is like the little 'miracle worker' that holds one's life together and helps one stay focused.
- No matter what, never stop believing.
- Never lose hope; good things will come soon, just trust.
- Just when one thinks it is all over, hope keeps one going.
- Situations may appear stormy now, but it never storms forever.
- Never lose hope, storms make people stronger.
- Don't lose hope, everything happens for a reason. You may never know what tomorrow could bring.

Trip to Pondicherry - A Report

(As read out in the Morning Assembly by Akshara.V (10 A) (125037)

I am Akshara. V of class X A, and I would like to recount our recent excursion to Pondicherry. The day commenced with our arrival at school by 5.30 am, followed by our departure at 6 am to our destination. It was a thrilling sight to witness - the sunrise, as we journeyed through the hazy morning. Our bus ride was filled with joyous singing and dancing among friends.

By 8 am, we halted at Adyar Ananda Bhavan for a delectable breakfast. Arriving in Pondicherry at 10 am, our first stop was the serene Aurobindo Ashram, and meditating there even for brief moments felt truly ennobling. Next, we visited Manakula Vinayagar Temple, we offered our heartfelt prayers to Lord Vinayagar before indulging in souvenir shopping at the nearby stalls. Later, we enjoyed the sight of the waves crashing against the rocks at the beach.

At 1 pm, we arrived at the Mahindra Clubhouse for a lavish buffet lunch, followed by students engaging in various activities like cricket, badminton, and riding electric cycles. We even had fun playing a giant chess game in the Clubhouse.

After a fulfilling day, we embarked on our journey back to Chennai, making a stop for an evening snack along the way, and finally arriving at school by 10 pm. It was a day filled with unforgettable experiences, and I extend my heartfelt gratitude to the school management, Sujatha Madam, Viswanathan Sir, Principal Madam, Assistant Principal Sir, Senior Vice-Principal Madam, teachers, and staff for organizing such a memorable trip. Thank you.

Respect

by Abinaya Arvind (6 C) (Roll No 186659)

Respect is a positive feeling shown towards someone or something when you wish to convey that you hold them in high-esteem. Respect conveys a sense of admiration for good or valuable qualities. It is also a gesture, honouring someone by taking care, concern and consideration for their feelings. Some people may earn respect by their extraordinary actions, for instance – Mahatma Gandhiji. His non-violent fight for freedom brought him respect from all over the world. People can earn respect by the roles played by them in the society, for example, the Chief Minister, the Prime Minister, Doctors, and our Teachers earn respect by just performing their duties that society has bestowed upon them.

How can we show respect?

One way of showing respect is – show a sense of admiration to someone chosen, by appreciating their abilities, qualities and achievements. We can also show respect by simple words such as “Good Morning”, “Thank you”, and “Welcome”, as these words only show that you are a cultured human being capable of exhibiting respect to fellow beings.

Respect can also be shown by simple actions such as a handshake, a smile or a bow. Many countries have their own way of showing respect. In India, when we meet our elders, we show them respect by touching their feet and getting their blessings. In China, Japan, Korea and other South East Asian countries bowing is a method of showing respect. In Western

Countries, they shake hands to show respect. These are gestures. What can we do to respect others? The best and easy way is, to listen when people speak, say sorry, if you did a mistake, be kind and helpful, take responsibility for your behaviour, disagree politely and respectfully, compliment other's achievement, speak up firmly but politely even if others are rude.

Never Lose Hope

by Hamsini Mohan.B.K. (6 F) (Roll No 186565)

Once there were a rabbit and a turtle. The rabbit said, "Let us have a race". Everybody told the turtle not to race. They told him so, as they thought that he would lose the race.

But the turtle did not lose hope. He and the rabbit started the race.

The rabbit though confident slept in between the race and the turtle won. The turtle said that he did not lose hope. This hope made him win the race. So in life, we too must not lose hope like the turtle.

Report : One-Day Excursion to Yercaud

(As read out by Miss Anagha.P (12 B) (Roll No 114418) in the Morning Assembly)

I am truly delighted to present the report of our memorable journey to Yercaud on the 16th of April 2024.

Our day commenced with an early assembly at the school premises, followed by our departure from MGR Chennai Central Railway Station aboard the KOVAI SF EXPRESS. The train ride afforded us both comfort and scenic vistas, accompanied by a delectable onboard breakfast.

Upon our arrival at Salem Junction Railway Station, we smoothly transitioned to a mini coach and enjoyed the breathtaking views as we climbed the slopes of Yercaud. Our first stop was the esteemed Sterling Yercaud, where we partook of a delightful buffet lunch amidst the lovely surroundings.

Post-lunch, our exploration continued as we visited some renowned landmarks such as Lady's Seat and Gent's Seat, which provided captivating panoramic views of the valley. The Botanical Garden further enriched our understanding of Yercaud's natural beauty, showcasing its rich biodiversity.

In addition to sightseeing, we took a memorable detour to purchase cookies, chocolates, and essential oils. This served as a gesture to share our experiences with our family. We indulged in snacks at the same place, savouring the flavours of the region and reveling in the fair weather of Yercaud.

As the day drew to a close, we bid farewell to this enchanting hill station, carrying with us cherished memories and souvenirs of our experiences.

To sum up, our one-day excursion to Yercaud was a harmonious blend of adventure, cultural enrichment, and camaraderie. I extend my heartfelt gratitude to Sujatha Madam,

Vishwanathan Sir, Principal Usha Nandini Madam, Assistant Principal Suresh Sir, Senior Vice Principal Uma Madam and teachers for arranging this trip which was a wonderful start to begin the new academic year.

Thank you!

**Hope Springs Eternal in the Human Heart
by Annapoorani. A.K (6 E) (Roll No.186513)**

"I can't do it anymore. I am a failure. I am a loser. I'm always failing..."

No, stop thinking like that. If you think like that, you will totally become a failure.

There's hope in our life. There's hope in every second of our life. Just believe.

Hope is a powerful thing. It inspires us to do the impossible and helps us carry on during difficult times.

Excursion to Yercaud

by Kenny John.H (12 B) (Roll No. 114396)

We, the students of class XII were taken on a recreational trip to Yercaud. We started off at about 5 am in the morning from school to the Railway Station to board the train to Salem. The train pulled off at about 6 am from the station. The journey itself was a blissful experience. We got time to talk with our friends. The scenic views outside the train window were the icing on the cake. Later by 8 in the morning we were served with a delicious and a filling breakfast, and we continued our journey and reached Salem by around 11 in the morning.

From Salem we started our journey to Yercaud in vans. The hill drive was exciting and the music added to the excitement. After tackling 20 hairpin bends and 35 kilometres uphill we reached Yercaud by 12:30 in the afternoon. On our arrival at the resort, we were greeted by the officials there and we were served lunch. We had the option to choose from a variety of cuisines. After the wonderful lunch we spent some time walking around the resort itself. The view from the resort was mesmerising. Hoping to get to see more beautiful views, we left the resort to the view points. We got to see the amazing panoramic view of the town, from the view point. After that we went to a beautiful park filled with flowers and here too, we got a chance to enrich our botanical knowledge. Then we went to Pagoda Point to take a look at the town from a different angle, which was again a treat to our eyes after which we left for some shopping. We bought chocolates, cookies and other herbal items and left that place after some time. We went to visit the last place on the list, Anna Park. We had fun playing games at the park; we felt like we had grown younger by at least five years. Then we started our journey back to Salem by around 6 pm. After a quick downhill drive we reached Salem by 7 pm, had dinner and relaxed for some time after which we packed to board our overnight train to Chennai. We said our goodbyes and started for Chennai around 9 pm. As expected the overnight train journey was filled with fun and almost an endless chatter amongst the friends. We reached Chennai Railway Station by around 3.50 in the morning and reached school by 4:15. This being the last year of schooling, the trip will be etched in

our hearts forever. I would like to thank our Management, Sujatha Madam, Viswanathan Sir, Principal Madam, Assistant Principal Sir and Senior Vice-Principal Madam for organising such a wonderful trip for the class 12 students.

Never Lose Hope

by Deebesh.G (6 E) (Roll No. 210483)

When you are facing a difficult time, it is easy to lose your optimism and think that life has nothing better to offer. I would like to share a story about hope.

Amar was a ten year old boy. He was very good at sports. He had won many accolades in his school. Once he was selected to represent his school in an inter-school sports competition. Though he was a good athlete, he felt nervous, as he thought that the competition would be tough. But something happened that changed his perspective regarding challenges. While he was doing his practice sessions, he saw a small ant carrying a grain of sugar. He saw that it was trying to climb the wall, but repeatedly failed. It kept on trying and finally succeeded in reaching its destination.

Looking at the ant, Amar thought that if a small creature like an ant did not give up hope and reached its destination, why should he give up? He thought in his mind that he must not lose hope and courage. From the next day onwards, he started practising with more determination. In the final race, he ran confidently and stood first. The next day in the morning assembly, the Principal praised Amar and all the children clapped for him.

So, the lesson learnt is, we should keep trying till we reach our goal and never lose hope.